



**Ebenezer**  
CHILD CARE FROM THE HEART

# February 2012

## Downtown Breakfast/Snack Menu

340 West St. Paul Avenue, Milwaukee, Wisconsin 53203  
Open Monday-Friday 6am—6 pm, (414) 224-0990

Sun	Mon	Tue	Wed	Thu	Fri	Sat
			1 Hard Boiled Eggs Toast OJ <hr/> Carrot Bars Milk	2 Rice Krispies Bananas <hr/> String Cheese Ritz Crackers	3 English Muffins Oranges <hr/> Graham Crackers Milk	4
5	6 Cheerios Fruit Cocktail <hr/> Lady Bug Apples w/ pretzels	7 Oatmeal Muffin Square Peaches <hr/> Cr Cheese Ants on Log Crackers	8 Corn Flakes Bananas <hr/> Cheese Quesadillas Fruit Juice	9 Bagels w/Soy Butter Apricots <hr/> Animal Crackers Milk	10 Baked WW Donuts Plums <hr/> Snickerdoodle Cookies Milk	11
12	13 Apple Porridge w/fruit Pineapple <hr/> Soy Butter Ants on Log Fruit Juice	14 Peach Muffin Square Fruit Cocktail <hr/> Awesome Energy Bar Milk	15 Waffles Applesauce <hr/> Trail Mix Fruit Juice	16 Corn Chex Apricots <hr/> Cranberry Muffins Milk	17 English Muffin w/Jelly Fruit Juice <hr/> Fruit & Cheese Kabobs	18
19	20 Scrambled Eggs Toast OJ <hr/> Peach Cobbler Milk	21 Rice Crispies Bananas <hr/> Soy Butter/Jelly Wrap Fruit Juice	22 Gingerbread Muffins Peaches <hr/> Bean Dip w/ Cheese Tortilla Chips	23 Corn Flakes Mandarin Oranges <hr/> Oatmeal Raisin Cookie Milk	24 Pancakes Applesauce <hr/> Fresh Fruit Crackers	25
26	27 Raisin Bran Pears <hr/> Vanilla Wafers Milk	28 Baked WW Donuts Mandarin Oranges <hr/> Zucchini Bread Milk	29 Cinnamon Toast Mixed Fruit <hr/> Cr.Ch. & Raisin Wrap Fruit Juice	<b>All breakfasts are served with milk. Children ages two and above receive skim milk, children under age 2 receive whole milk.</b>		



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## Downtown Lunch Menu

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Sun	Mon	Tue	Wed	Thu	Fri	Sat
			1 Chicken Chowder Diced Carrots Roll w/ Butter Pineapple	2 Spaghetti w/Meat Sauce Garden Salad Soft Bread Stick Plums	3 Mini Corn Dogs Mixed Vegetables Tator Tots Bread/Butter Peaches	4
5	6 Turkey w/ Gravy Mashed Potatoes Peas Bread/Butter Apricots	7 Taco Casserole w/Soft Shells Golden Corn Applesauce	8 Chicken Parmesan Sandwich Green Beans Bread/Butter Mandarin Oranges	9 Vegetable Soup w/Beans & Noodles Cheese Stick Fresh Fruit	10 Bologna Sandwich Potato Chips Carrot Sticks Pears	11
12	13 Bean Burrito w/ Cheese Golden Corn Rice Medley Pears	14 Hamburger Stroganoff Over Noodles Diced Carrots Apricots	15 Italian Turkey Sandwiches Mixed Vegetables Mandarin Oranges	16 Hot Dogs on Buns Green Beans Sweet Potato Fries Apple Slices	17 Chicken Nuggets Mashed Potatoes Broccoli Roll w/ Butter Peaches	18
19	20 Chopped Chicken Salad Soft Bread Stick Fruit Cocktail	21 Hamburgers on Buns Garden Peas Potato Chips Apricots	22 Beef Stir Fry w/ Rice Stir Fry Vegetables Pineapple	23 Macaroni & Cheese w/ Hot Dog Pieces Three Bean Salad Plums	24 Minestrone Sp w/beans Cheese Stick Baby Carrots Bread/butter Grapes	25
26	27 Not Fried Rice Refried Beans Tortilla Golden Corn Fruit Cocktail	28 Sloppy Joes on Buns Garden Peas French Fries Apples	29 Tomato Soup Grilled Cheese Sandwich Green Beans Pears	<b>All lunches are served with milk. Children ages two and above receive skim milk, children under age 2 receive whole milk.</b>		