


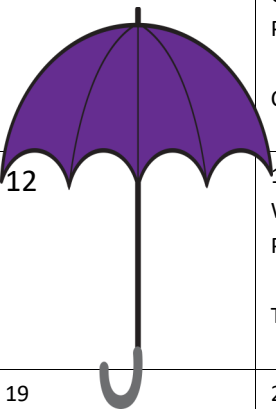
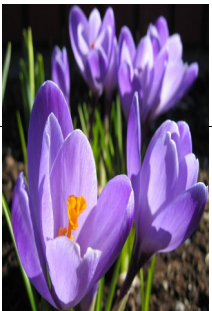


Ebenezer

CHILD CARE FROM THE HEART

April 2020

Breakfast/Snack Menu

Sun	Mon	Tue	Wed	Thu	Fri	Sat
<p>All breakfasts served with milk. Children ages two and above receive skim milk, children under 2 receive whole milk.</p>			<p>1 WW Banana Pancakes Applesauce</p> <p>Bean Dip w/ Cheese</p>	<p>2 Kix Cereal Mandarin Oranges</p> <p>Fresh Fruit</p>	<p>3 Blueberry Muffins Peaches</p> <p>Pretzels</p>	<p>4</p> 
<p>5</p> 	<p>6 Cream of Wheat Pears</p> <p>Corn Bread Muffins</p>	<p>7 Rice Chex Pineapple</p> <p>Cheese Quesadilla</p>	<p>8 Cinnamon WW Toast Mixed Fruit</p> <p>Yogurt</p>	<p>9 Bagels w/Soy Butter Mandarin Oranges</p> <p>Fresh Veggies w/Dip</p>	<p>10 Bran Flakes Peaches</p> <p>Fresh Fruit</p>	<p>11</p>
<p>12</p>	<p>13 WW English Muffin Pineapple</p> <p>Tortilla Chips</p>	<p>14 Corn Flakes Pears</p> <p>Bean Dip w/ Pita Chips</p>	<p>15 WW Pancakes Applesauce</p> <p>WG Goldfish Crackers</p>	<p>16 Toasted Oats Cereal Mixed Fruit</p> <p>Baby Carrots</p>	<p>17 Banana Muffins Apricots</p> <p>Lady Bug Apple</p>	<p>18</p>
<p>19</p>	<p>20 WW Waffles w/Syrup Applesauce</p> <p>Fruit w/ Yogurt</p>	<p>21 Kix Cereal Pineapple</p> <p>Turkey Roll Ups</p>	<p>22 WW Toast w/ Jelly Fresh Fruit</p> <p>Pumpkin Muffins</p>	<p>23 Rice Chex Apricots</p> <p>Cucumbers w/ Dip</p>	<p>24 WW Biscuits Pears</p> <p>Cheese &</p>	<p>25</p> 
<p>26</p>	<p>27 Toasted Oats Cereal Peaches</p> <p>Graham Crackers</p>	<p>28 WW Cinn/Raison Toast Pineapple</p> <p>Fresh Veggies</p>	<p>29 Bagels w/ Soy Butter Plums</p> <p>Bologna Sandwich</p>	<p>30 Corn Chex Apricots</p> <p>Blueberry Muffins</p>	<p>31 WW Eng Muffin w/Jelly Fruit Cocktail</p> <p>Fresh Fruit</p>	



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CHILD CARE FROM THE HEART

April 2020

Lunch Menu

Sun	Mon	Tue	Wed	Thu	Fri	Sat
			1 Beef Stir Fry w/ Rice Stir Fry Vegetables Pineapple	2 Macaroni & Cheese w/Hot Dog Pieces Green Beans Plums	3 Minestrone Sp w/Beans Cheese Stick Baby Carrots WW Bread/Butter	4 
5 	6 Not Fried Rice Refried Beans WW Tortilla Golden Corn	7 Beef Stew w/Mixed Vegetables WW Dinner Roll/Butter Apricots	8 Tomato Soup WW Grilled Cheese Sandwiches Green Beans	9 Chicken Pot Pie w/ Vegetables WW Bread/Butter Plums	10 Beef & Noodle Casserole Broccoli Pineapple Tidbits	11
12	13 Scalloped Potatoes w/ Ham Green Peas WW Bread/Butter	14 Chicken Lasagna Green Beans Soft WW Bread Stick Mandarin Oranges	15 Sloppy Joes on WW Buns Mixed Vegetables French Fries	16 Quiche Broccoli WW Bread/Butter Fresh Fruit	17 Bologna WW Sndwh Cucumber Coins Baked Potato Chips Peaches	18 
19 	20 Ziti Noodle Casserole w/ Beef Carrots Plums	21 Tuna Melt on WW Bun Garden Peas Peaches	22 Mexican Chicken & Rice Refried Beans Garden Salad	23 Meatloaf Mashed Potatoes Mixed Vegetables WW Bread/Butter	24 Baked Ham Golden Corn WW Bread/Butter Fresh Fruit	25
26	27 Turkey Noodle Soup WW Cheese Sandwich Carrots Pears	28 Fish Patty on WW Bun Oven Browned Potatoes Broccoli Fruit Cocktail	29 Tator Tot Casserole Peas WW Bread/Butter Mandarin Oranges	30 Chicken Salad on WW Croissant Celery Sticks Apple Slices		