



**Ebenezer**

CHILD CARE FROM THE HEART

# December 2018

## Breakfast/Snack Menu

Sun	Mon	Tue	Wed	Thu	Fri	Sat
2	3 Scrambled Eggs WW Toast OJ  Pea Pods	4 Crisp Rice Cereal Bananas  Graham Crackers	5 WW Banana Pancakes Applesauce  Bean Dip w/ Cheese	6 Kix Cereal Mandarin Oranges  Fresh Fruit	7 Blueberry Muffins Peaches  Pretzels	8
9	10 Cream of Wheat Pears  Corn Bread Muffins	11 Rice Chex Pineapple  Cheese Quesadilla	12 Cinnamon WW Toast Mixed Fruit  Yogurt	13 Bagels w/Soy Butter Mandarin Oranges  Fresh Veggies w/Dip	14 Bran Flakes Peaches  Fresh Fruit	15
16	17 WW English Muffin Pineapple  Tortilla Chips	18 Corn Flakes Pears  Bean Dip w/ Pita Chips	19 WW Pancakes Applesauce  WG Goldfish Crackers	20 Toasted Oats Cereal Mixed Fruit  Baby Carrots	21 Banana Muffins Apricots  Lady Bug Apple	22
23	24 WW Waffles w/Syrup Applesauce  Fruit w/ Yogurt	25 <b>Christmas Day</b>  <b>Center Closed</b>	26 WW Toast w/ Jelly Fresh Fruit  Pumpkin Muffins	27 Rice Chex Apricots  Cucumbers w/ Dip	28 WW Biscuits Pears  Cheese &	29
30	31 Toasted Oats Cereal Peaches  Graham Crackers			<b>All breakfasts served with unflavored milk. Children ages two and above receive skim milk, children under two receive whole milk.</b>		