



**Ebenezer**

CHILD CARE FROM THE HEART

# December 2018

## Lunch Menu

Sun	Mon	Tue	Wed	Thu	Fri	Sat
2	3 Chopped Chicken Salad Cucumbers Soft WW Bread Sticks Fruit Cocktail	4 Hamburgers on WW Buns Garden Peas Baked Potato Chips Apricots	5 Beef Stir Fry w/ Rice Stir Fry Vegetables Pineapple	6 Macaroni & Cheese w/Hot Dog Pieces Green Beans Plums	7 Minestrone Sp w/Beans Cheese Stick Baby Carrots WW Bread/Butter Grapes	8
9	10 Not Fried Rice Refried Beans WW Tortilla Golden Corn Fruit Cocktail	11 Beef Stew w/Mixed Vegetables WW Dinner Roll/Butter Apricots	12 Tomato Soup WW Grilled Cheese Sandwiches Green Beans Pears	13 Chicken Pot Pie w/ Vegetables WW Bread/Butter Plums	14 Beef & Noodle Casserole Broccoli Pineapple Tidbits	15
16	17 Scalloped Potatoes w/ Ham Green Peas WW Bread/Butter Apricots	18 Chicken Lasagna Green Beans Soft WW Bread Stick Mandarin Oranges	19 Sloppy Joes on WW Buns Mixed Vegetables French Fries Pears	20 Quiche Broccoli WW Bread/Butter Fresh Fruit	21 Bologna WW Sndwh Cucumber Coins Baked Potato Chips Peaches	22
23	24 Ziti Noodle Casserole w/ Beef Carrots Plums	25 <b>Christmas Day</b>  <b>Center Closed</b>	26 Mexican Chicken & Rice Refried Beans Garden Salad	27 Meatloaf Mashed Potatoes Mixed Vegetables WW Bread/Butter	28 Baked Ham Golden Corn WW Bread/Butter Fresh Fruit	29
30	31 Turkey Noodle Soup WW Cheese Sandwich Carrots Pears					

**All lunches served with unflavored milk. Children ages two and above receive skim milk, children under two receive whole milk.**