



Ebenezer
CHILD CARE FROM THE HEART.

Downtown Kids Chronicle

340 West St. Paul Avenue, Milwaukee, Wisconsin 53203

Open Monday-Friday 6 am—6 pm

(414) 224-0990

www.ebenezerchildcare.com



Coordinator's Corner

February 2023

Center Happenings

Tuition Due:

Monday, February 13th

Monday, February 27th

What Can We Do:

Come and hang out with other families from around the center, get to know some other parents and let the kids play and have fun! We are doing a Mardi Gras theme this time around and asking everyone to bring a dish to pass!

We will be doing this on Tuesday February 21, 2023 from 4:30-?. Please let us know what you would like to bring to share. It's going to be so much fun!

We are looking forward to this amazing night and having this opportunity to get to know everyone a little more!

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February, the month of love...

All the world needs is a little more of YOUR love and kindness



Welcome to the month of love and kindness! This is very appropriate as we have had an outpouring of love and support in the last few months from many of our families! The kind words of support, the treats and gifts, have definitely lifted our spirits!

There has been a lot of news lately about frustrations in the country with child care from both providers and families alike. As we read those articles or listen to the news reports, the Downtown Team counts ourselves lucky that our community here works together to trudge through these trials with respect, cooperation and understanding for one another. From all of us, THANK YOU!

We will celebrate Random Acts of Kindness week February 12th -18th! What better way to spread the love! Keep an eye out for ways that your family can participate!

And lastly, we are sending out huge appreciation to everyone who participated in our Penny Wars fundraiser in January! This was one of the most fun, competitive and engaging competitions we have ever had and all in the spirit of raising money to help support Ebenezer! The laughs, friendly competition and camaraderie brought out by stuffing change in a jar was absolute joy!

~ Ms. Nicole & Ms. Jess



Happy Birthday!

Look who has a Birthday!



Anjelita V.- 7th

Marcy H.- 14th

Owen M.-21st

Josie H.-25th



Ms. Abbie- 9th

Ms. Kris- 19th

Charlie D.-25th

Aurelia H.-27th

Curriculum Specialist Corner

By: Nicole Dalsing

We Play Outdoors Daily (even in winter)

At Ebenezer we play outdoors daily. We have a specific policy and licensing guidance regarding weather we follow, which means, whenever we can, we play outdoors. This includes the winter. The threshold for not going outside, per State of Wisconsin Licensing Guidelines, is, when it is colder than 20° for children under the age of 2, & when it is colder than 0° for children 2 & older. Children need just as much physical activity and fresh air in the winter as they do in the summer, but often we overlook winter as being too cold for children. When children are dressed appropriately, the winter weather is perfect for them. Being outdoors is beneficial to their physical and mental health.

Some tips to keep your children warm and toasty this year when they are at Ebenezer.

Children should wear layers of loose fitting, light weight clothing. We can easily adjust to changes in temperature indoors and outdoors when children have clothing options. If your child does not like layers of clothing, bring extra clothing to the center so your child can be changed should they become too hot or too cold.

Children must have appropriate outdoor clothing every day. This includes warm jacket/coat, hat, mittens, scarf, waterproof boots, and snow pants. These items ensure they do not become too cold or too wet.

Check children's clothing daily. If your child's boots, hats, mittens, coats, snow pants, etc.... become wet and soiled take them home for washing. Be sure to bring them the next day. We go outdoors twice a day so sometimes our things get quite wet.

Extra clothing in your child's cubby. If your child does become wet or soiled, they do need extra clothing to change into. Check your child's extra clothing often and replace items as needed.

PLEASE MAKE SURE THAT YOUR CHILD HAS ALL OUTDOOR GEAR EVERY DAY, (coat, snow pants, scarf, hat, mittens, boots). All items must be labeled.

Working together we can ensure the children at Ebenezer enjoy fun, safe and healthy days together.



Introducing Ms. Jess!

Position/Hire Date

Associate Coordinator/May 2, 2022

Education/Experience

She attended Bryan and Stratton university for Early Childhood development and education. She has also been working in child care since 2019.

Her Teaching Style

Jessica bases her teaching style off of her students wants and needs. She believes that children learn the most through play, art, and sensory based play!

ECE Philosophy

Jessica believes that children need love and affection to learn and grow.

ECE Goals/Aspirations

Jessica's goal is to just be the best teacher/manager her students deserve!

Family/Hobbies/Interests

Jessica is married and has one son named Aaron. She enjoys binge watching television shows. Her two favorites are Supernatural and Grey's Anatomy.





Virtues of the Month: Love & Loyalty

Ebenezer's Virtues of the Month Program is about empowering adults and children to live by their highest values. The mission of the Virtues Program is to provide empowering strategies of excellence that inspire the practice of virtues at our child care centers as well as at home. This month's virtues are:

Love is the connection between one heart and another. Attraction, affection and caring for a person, a place, an idea, and for life itself

Loyalty is an Unwavering faithfulness and commitment to people and ideas we care about, through good times and bad.

For more information on virtues, visit www.VirtuesProject.com.

February is Children's Dental Health Month!

Oral hygiene is important. Make sure you are replacing your toothbrush every three months, storing it upright to prevent bacteria growth, and keeping it away from other brushes. Here are some other hygiene tips:

1. Make sure your child's toothbrush isn't too large for his/her mouth, and that it has soft bristles as well as a flexible neck.
2. Only use a pea-sized amount of fluoride toothpaste.
3. Brush in gentle, circular motions starting in the back and working your way around your mouth.
4. Floss daily between every tooth.
5. Rinse your mouth with antiseptic mouthwash to kill germs to complete the process.
6. Brush twice a day, two minutes each time.



Follow us!



Happening this Summer at Ebenezer

Children will explore Science, Technology, Engineering, Art, Math and Nature in a variety of ways. They will do this by using a map to guide their way into a summer filled with exciting adventures.

SCIENCE While playing-children will be experimenting, analyzing, predicting, and hypothesizing.

TECHNOLOGY While playing-children will explore tools of the trade, make their own inventions, and examine robots and cause and effect.

ENGINEERING While playing-children will learn about designing and building, take apart and put together all sorts of machines, and develop problem solving abilities.

ART While playing-children will discover the many layers of music, varieties of dance, and have an opportunity to delve into their hidden dramatic talents as well as utilize a variety of art materials.

MATH While playing-children will understand that math is not only about adding, subtracting, multiplying, and dividing. They will be discovering spatial concepts and pattern relationships. They will be measuring, sequencing, and analyzing data.

NATURE While playing-children will locate (maybe even visit some) lakes, rivers, and streams. They will participate in recycling, and perhaps uncover their joy of landscaping and gardening.

EPiC ADVENTURES



SUMMER PROGRAM

Ebenezer's EPiC Adventures Summer Program will be held at our following locations:

Downtown Center

340 W. St. Paul Avenue

Oak Creek Center

220 W. Forest Hill Avenue

West Allis/Wauwatosa Center

1136 S. 108th Street



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For more information, call 414.643.5070 or visit www.EbenezerChildCare.com.



Ebenezer

CHILD CARE FROM THE HEART

February's Parenting Tip: Building Better Brains

Do you want to give your children the best opportunities for success in life? Your children's early years are very important to their lifelong development. One of the most important ways you can support your children is what you are already doing: being their first and best teacher.

According to Dana Brumm, Curriculum Specialist for Ebenezer Child Care Centers with locations in downtown Milwaukee, Oak Creek, and West Allis/Wauwatosa, "When babies are born, the parts of their brains that handle thinking and remembering as well as emotional and social behavior are undeveloped. This means that the relationships and experiences they have will greatly impact the way their brain develops and is 'wired' for success." Consider following these simple tips to help build your baby's brain power.

Never Underestimate the Power of Snuggling

Because babies experience the world through their senses, Brumm points out that it is extremely important for parents and caregivers to nurture young children in order to help foster their brain development.

"Holding, rocking, smiling, and talking to your baby, strengthens the emotional connections that lead to secure relationships which is critical for brain development," says Brumm.

"Research has proven that children who grow up in a secure environment, where they are nurtured and know that they are a loved, are better able to cope with difficult times when they are older, are more likely to get along better with others, and ultimately perform better in school."

Why Reading Is Critical

Brumm says, in addition to nurturing your baby, it's never too early to begin reading to your children. Reading sparks children's curiosity, stimulates their imagination, and starts them down a positive path of learning. She says babies are mesmerized by brightly colored books with rhythmic language, and they learn speech development through the repetition of words. Plus, reading is the perfect way to introduce new concepts, ideas,

and places.

Anderson recommends that parents spend a minimum of 20 minutes each day reading out loud to their young children. She also encourages parents talk and sing to their babies on a regular basis to help stimulate brain development.

Encouraging Learning Through Play

In addition to reading, Brumm says play is a wonderful way to help a baby's brain develop. It is important to let children simply play and explore to encourage brain development.

"There is a great deal of research out there that says that children under the age of four learn best through play," says Brumm. Play might be a game, talking, or singing to actively engage your child's brain. "Peek-a-boo" and holding toys out to watch help a baby's brain develop. Talk to your baby about what you are doing. For young children, sing songs with actions (like "Wheels on the Bus"), encourage pretend play, color, and build with blocks and toys. These activities foster imagination and creativity.

Ebenezer Child Care Centers is a not-for-profit, locally based agency committed to providing early care and education programs from the heart. The agency prides itself on being different from other child care providers in that it offers a home-like atmosphere; individualized, nurturing care; and a structured curriculum that is virtues-based for every child's developmental stage.

Every Ebenezer Child Care Center focuses on all aspects of a child's development: cognitive, physical, emotional, and social. In addition to providing quality early care and education, the agency also offers other educational programming all aimed at helping parents.

The agency has locations in downtown Milwaukee, Oak Creek, and West Allis/Wauwatosa. The agency's main office is located at 1138 S. 108th Street, West Allis. For more information, please call 414-643-5070 or visit the agency's website at www.ebenezerchildcare.com.