

# Breakfast/Snack Menu



Sun	Mon	Tue	Wed	Thu	Fri	Sat
	<b>3</b> WW Waffles w/Syrup Applesauce  Fruit w/ Yogurt WG Ritz Crackers	 <b>Centers Closed</b>	<b>5</b> WW Toast w/ Jelly Fresh Fruit  Pumpkin Muffins Milk	<b>6</b> Rice Chex Apricots  Cucumbers w/ Dip WG Oyster Crackers	<b>7</b> WW Biscuits Pears  Cheese & Saltine Crackers	<b>8</b>
<b>9</b> 	<b>10</b> Toasted Oats Cereal Peaches  Graham Crackers Milk	<b>11</b> WW Cinn/Raison Toast Pineapple  Fresh Veggies WG Cheez It Crackers	<b>12</b> Bagels w/ Soy Butter Plums  Bologna Sandwich Fruit Juice	<b>13</b> Corn Chex Apricots  Blueberry Muffins Milk	<b>14</b> WW Eng Muffin w/Jelly Fruit Cocktail  Fresh Fruit Cheese	<b>15</b> 
<b>16</b>	<b>17</b> Scrambled Eggs Pears  Animal Crackers Milk	<b>18</b> Crisp Rice Cereal Bananas  Fruit & Yogurt Saltine Crackers	<b>19</b> Zucchini Bread Peaches  Pretzels w/Cheese Dip Fruit Juice	<b>20</b> Corn Flakes Mandarin Oranges  Pizza Pocket Milk	<b>21</b> WW French Toast Applesauce  String Cheese WG Oyster Crackers	<b>22</b>
<b>23</b>	<b>24</b> Bran Flakes Pears  Cheese Quesadillas Milk	<b>25</b> WW Pancakes Applesauce  Graham Crackers Fruit Salsa	<b>26</b> Banana Muffins Plums  Apples w/soy butter dip Milk	<b>27</b> WW Cinnamon Toast Mixed Fruit  Fresh Veggies w/Dip WG Ritz Crackers	<b>28</b> No Cook Oatmeal Peaches  Fresh Fruit WH Cheez-It Crackers	<b>29</b>
<b>30</b>	<b>31</b> Corn Bread Muffins Pineapple  Ham & Saltines 100% Grape Juice			<b>All breakfasts served with unflavored milk.                      Children ages two and above receive skim                      milk, children under two receive whole</b>		



# July 2023

## Lunch Menu

Sun	Mon	Tue	Wed	Thu	Fri	Sat
<b>2</b>	<b>3</b> Ziti Noodle Casserole w/ Beef Carrots Plums	<b>4</b> <b>4th of July</b>  <b>Centers Closed</b>	<b>5</b> Mexican Chicken & Rice Refried Beans Garden Salad	<b>6</b> Meatloaf Mashed Potatoes Mixed Vegetables WW Bread/Butter	<b>7</b> Baked Ham Golden Corn WW Bread/Butter Fresh Fruit	<b>8</b>
<b>9</b>	<b>10</b> Turkey Noodle Soup WW Cheese Sandwich Carrots Pears	<b>11</b> Fish Patty on WW Bun Oven Browned Potatoes Broccoli Fruit Cocktail	<b>12</b> Tator Tot Casserole Peas WW Bread/Butter Mandarin Oranges	<b>13</b> Chicken Salad on WW Croissant Celery Sticks Apple Slices	<b>14</b> Meatballs w/Gravy Spiral Noodles Green Beans Peaches	<b>15</b> 
<b>16</b>	<b>17</b> WW Bagel Pizza w/ Cheese Garden Salad Fresh Fruit	<b>18</b> Chicken & Broccoli Alfredo Carrots WW Bread Sticks	<b>19</b> WW Beef Burrito Chips & Salsa Corn Fruit Cocktail	<b>20</b> Vegetable Soup WW Turkey Sandwich Assorted Crackers Apricots	<b>21</b> WW Bar-B-Q Beef Sandwich Broccoli Pineapple	<b>22</b>
<b>23</b>	<b>24</b> WW Egg Salad Sdwh Cucumber Coins Baked Potato Chips Mixed Fruit	<b>25</b> Bean Soup String Cheese Mixed Vegetables WW Roll w/Butter	<b>26</b> WW Tuna Salad Sdwh Green Beans Taco Chips Apricots	<b>27</b> Chicken Stir Fry w/ Rice Stir Fry Vegetables Mandarin Oranges	<b>28</b> Beef Loaf Mashed Potatoes Carrots WW Bread/Butter	<b>29</b>
<b>30</b>	<b>31</b> Lasagna Garden Salad WW Roll w/Butter Peaches			<b>All lunches served with unflavored milk. Children two and above receive skim milk, children under two receive whole milk.</b>		