




Ebenezer

CHILD CARE FROM THE HEART

May 2021


Breakfast/Snack Menu

Sun	Mon	Tue	Wed	Thu	Fri	Sat
	<p>3 WW</p> <p>English Muffin w/ jelly Pears</p> <p>Bread Sticks</p>	<p>4</p> <p>WW Pancakes Applesauce</p> <p>Baby Carrots</p>	<p>5</p> <p>Hard Boiled Eggs Peaches</p> <p>Pumpkin Muffin</p>	<p>6</p> <p>Crisp Rice Cereal Bananas</p> <p>Yogurt</p>	<p>7</p> <p>Bran Flakes Oranges</p> <p>Graham Crackers</p>	<p>8</p>
<p>9</p>	<p>10</p> <p>Toasted Oats Cereal Fruit Cocktail</p> <p>Egg Salad</p>	<p>11</p> <p>Strawberry Bread Peaches</p> <p>Cr Cheese Ants on Log</p>	<p>12</p> <p>Corn Flakes Bananas</p> <p>Trail Mix</p>	<p>13</p> <p>Bagels w/Soy Butter Apricots</p> <p>Cottage Cheese</p>	<p>14</p> <p>Corn Bread Muffins Plums</p> <p>Lady Bug Apples</p>	<p>15</p> 
<p>16</p>	<p>17</p> <p>Apple Oatmeal Pineapple</p> <p>SoyButt/Jelly w/Cracker</p>	<p>18</p> <p>WW Bagel Fruit Cocktail</p> <p>Hard Boiled Eggs</p>	<p>19</p> <p>WW Waffles Applesauce</p> <p>Zucchini Bread Milk</p>	<p>20</p> <p>Corn Chex Pears</p> <p>Bananas</p>	<p>21</p> <p>WW Eng Muffin w/Jelly Peaches</p> <p>Yogurt</p>	
<p>23</p> 	<p>24 Scrambled Eggs WW Toast w/ butter OJ</p> <p>Pea Pods</p>	<p>25</p> <p>Crisp Rice Cereal Bananas</p> <p>Graham Crackers</p>	<p>26</p> <p>WW Banana Pancakes Plums</p> <p>Bean Dip w/ Cheese</p>	<p>27</p> <p>Kix Cereal Mandarin Oranges</p> <p>Fresh Fruit</p>	<p>28</p> <p>Blueberry Muffins Peaches</p> <p>Pretzels</p>	<p>29</p>
<p>30</p> 	<p>31</p> <p>Memorial Day</p> <p>Centers Closed</p>			<p>All breakfasts served with milk. Children ages two and above receive skim milk, children under 2</p>		



Ebenezer
CHILD CARE FROM THE HEART

May 2021 Lunch Menu

Sun	Mon	Tue	Wed	Thu	Fri	Sat
	<p>3</p> <p>Turkey w/ Gravy Mashed Potatoes Peas WW Bread/Butter</p>	<p>4</p> <p>Taco Casserole w/ WW Soft Shells Golden Corn Fruit Cocktail</p>	<p>5</p> <p>Chicken Parmesan WW Sandwich Green Beans Mandarin Oranges</p>	<p>6</p> <p>Vegetable Soup w/Beans & Noodles Cheese Stick Soft WW Bread Stick</p>	<p>7</p> <p>Ham WW Sandwich Baked Potato Chips Carrot Sticks Pears</p>	<p>8</p> 
9	<p>10</p> <p>WW Bean Burrito w/ Cheese Golden Corn Rice Medley Apricots</p>	<p>11</p> <p>Hamburger Stroganoff Over Noodles Diced Carrots Pears</p>	<p>12</p> <p>Italian Turkey WW Sandwiches Mixed Vegetables Mandarin Oranges</p>	<p>13</p> <p>Hot Dogs on WW Buns Green Beans Oven Browned Potatoes Apple Slices</p>	<p>14</p> <p>Chicken Nuggets Mashed Potatoes Broccoli WW Roll w/ Butter Peaches</p>	15
16	<p>17</p> <p>Chopped Chicken Salad Cucumbers Soft WW Bread Sticks</p>	<p>18</p> <p>Hamburgers on WW Buns Garden Peas Baked Potato Chips</p>	<p>19</p> <p>Beef Stir Fry w/ Rice Stir Fry Vegetables Pineapple</p>	<p>20</p> <p>Macaroni & Cheese w/Hot Dog Pieces Green Beans Plums</p>	<p>21</p> <p>Minestrone Sp w/Beans Cheese Stick Baby Carrots WW Bread/Butter</p>	22
23	<p>24</p> <p>Not Fried Rice Refried Beans WW Tortilla Golden Corn</p>	<p>25</p> <p>Beef Stew w/Mixed Vegetables WW Dinner Roll/Butter Apricots</p>	<p>26</p> <p>Tomato Soup WW Grilled Cheese Sandwiches Mixed vegetables</p>	<p>27</p> <p>Chicken Pot Pie w/ Vegetables WW Bread/Butter Plums</p>	<p>28</p> <p>Beef & Noodle Casserole Broccoli Pineapple Tidbits</p>	29
<p>MEMORIAL DAY</p>  <p>REMEMBER AND HONOR</p>	<p>31</p> <p>Memorial Day</p> <p>Centers Closed</p>	<p>All lunches served with milk. Children ages two and above receive skim milk, children un-</p>		