



West Allis Kids Chronicle

1136 S. 108th West Allis WI 53214
 Open Monday-Friday 6:00 am - 6:00 pm
 (414) 210-4541
www.ebenezerchildcare.com



Coordinator's Corner

Hello Families,
 We made it to spring, yippee! Warmer weather is right around the corner! It is great to see so much color outside and everyone moving from indoors to outdoors. This is a great time to remind you to double check with your child's teacher on what extra clothing they have here and if it is weather appropriate.

We are doing a new fundraiser this spring, Dip'n Good Dips! These are great, yummy snack dips that you add either sour cream, mayonnaise, or cream cheese to and dip your veggies, fruits, chips or crackers in. We will have some sample dips out for you to try before the sale, so you can share with others on how good they are! Stay tuned for that information to come out soon!

Tuition is due every two weeks by Friday of that cycle. If you are not enrolled in Tuition Express, I urge you to do so. It is a great, easy way to ensure your tuition is always paid on time. Please stop in the office for your enrollment form.

Friendly reminder that we will be

closed on Monday, May 29th, in honor of Memorial Day. If you have any vacation days to use, please fill out a vacation request slip. They can be located on the table outside our office door (in the hallway).

Open Positions:

We are still hiring, so if you know of anyone that wants to work in the Early Childhood field, send them our way and you can earn a referral credit towards your tuition!

~ Ms. Sarah & Ms. Abby



Time to Celebrate!

May Birthdays/ Anniversaries:

Staff Birthday: Debbie
Staff Anniversary: Debbie-5Years
 Janine-1 Year
 Kayla-4 Years
 Elaine-4 Years

Turning 2: Charles, Brie, Hedayah And Ryder

Turning 3: Winry, Parker and Davir

Turning 4: Kaylee and Phoenix

Turning 5- Hayden



May 2023 Center Happenings

Dip'n Good Dips
Fundraiser

May 15th-26th

EBT Transfer Due:

May 3rd

Tuition is Due:

May 8th

May 22nd

***Center Closed**

Monday, May 29th

Memorial Day



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Curriculum Corner

~ Dana Brumm, Curriculum Specialist

Mud, Marvelous, Mud!

Scientists have confirmed something that children have always instinctively known- playing in mud is a joyful experience. Research shows dirt contains microscopic bacteria, which stimulates the immune system and increases the levels of serotonin in our brains, an endorphin that soothes, calms, and helps us to relax. Scientists say regular exposure to bacteria helps reduce a child's vulnerability to depression. In short, playing in mud makes you happier!

Playing in mud can make you healthier too. Science shows today's sanitized world is contributing to increased levels of childhood allergies and asthma. Exposure to dirt and germs works to prime a child's immune system to prevent allergies. Yes, it can even be healthy for children to get muddy!

Mud is also an excellent medium for learning. The same release of serotonin that occurs when playing in dirt, has also been shown to improve cognitive function. The rich, engaging sensory play children engage in while playing with mud, allows them to express their creativity, while enhancing their fine motor skills. Children practice social skills such as cooperation, negotiation, communication, and sharing. Emergent math and science skills are practiced as children make before and after comparisons, solve problems, test theories, and measure and count ingredients for their mud pies. This is the scientific process in action!

Mud play is inclusive of all children. It allows children to play at their own developmental level. Mud is an open-ended material that meets the diverse needs and interests of different children.

Playing in mud inspires children to feel a connection to nature and develop an appreciation for the environment. By providing time outdoors and the chance for muddy, messy play, you facilitate a love of the earth. You can also think about ways to extend their learning by adding new materials, posing challenges, and pointing out interesting results of their efforts.

Here are some ideas to provide mud play experiences:

- Paint with Mud
- Make Mud Sculptures
- Build with Mud
- Construct Roadways and Waterways
- Create Animal Homes

Not all adults will embrace mud play. It's true, that mud play creates a mess, but the mess is worth it when you consider all the benefits children gain through this type of play.

Staff Highlight

Ms. Jenny P.: Lead Two's #2 Teacher

Ms. Jenny has an Associates Degree in Early Childhood Education. has been with Ebenezer since 2016.

Ms. Jenny believes in encouraging children to explore their surroundings through play, while providing safe, purposeful opportunities for children to experiment.

Ms. Jenny's goal is to continue to attend Early Childhood conferences and pursue a Bachelors Degree.

Ms. Jenny enjoys being a foster parent and being a mom to her dog Sadie.

Thank you Ms. Jenny for all that you do for Ebenezer families and children, we appreciate you!





Virtues of the Month: Humanity & Helpfulness

Ebenezer's Virtues of the Month Program is about empowering adults and children to live by their highest values. There are 52 virtues in the program. The mission of the Virtues Program is to provide empowering strategies of excellence that inspire the practice of virtues at Ebenezer Child Care Centers as well as at home. This month's virtues are humanity and helpfulness.

Humanity is having an attitude of caring and mercy to all people.

Helpfulness is doing things that make a difference to others. It is taking time for thoughtfulness.

For more information on the Virtues Project, please visit VirtuesProject.com.



Mother's Day is May 14th!

Mommy, I love you!

Mommy, I know you love me
by the way you show you care.

You hug me and
talk to me softly;

When I need you,
you're always there.

Mommy, I'll love you always.

From my heart, I want to say
I'm so glad you are mommy!

Happy Mother's Day!

On Mother's Day,
May 14th, all moms get in
free to the Milwaukee
County Zoo! Go have some
fun in the fresh air with
your family!



Happening this Summer at Ebenezer

Children will explore Science, Technology, Engineering, Art, Math and Nature in a variety of ways. They will do this by using a map to guide their way into a summer filled with exciting adventures.

SCIENCE While playing-children will be experimenting, analyzing, predicting, and hypothesizing.

TECHNOLOGY While playing-children will explore tools of the trade, make their own inventions, and examine robots and cause and effect.

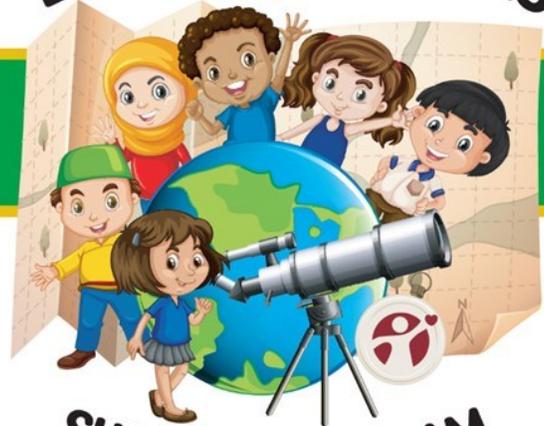
ENGINEERING While playing-children will learn about designing and building, take apart and put together all sorts of machines, and develop problem solving abilities.

ART While playing-children will discover the many layers of music, varieties of dance, and have an opportunity to delve into their hidden dramatic talents as well as utilize a variety of art materials.

MATH While playing-children will understand that math is not only about adding, subtracting, multiplying, and dividing. They will be discovering spatial concepts and pattern relationships. They will be measuring, sequencing, and analyzing data.

NATURE While playing-children will locate (maybe even visit some) lakes, rivers, and streams. They will participate in recycling, and perhaps uncover their joy of landscaping and gardening.

EPIC ADVENTURES



SUMMER PROGRAM

Ebenezer's EPiC Adventures Summer Program
will be held at our following locations:

Downtown Center

340 W. St. Paul Avenue

Oak Creek Center

220 W. Forest Hill Avenue

West Allis/Wauwatosa Center

1136 S. 108th Street



Ebenezer

CHILD CARE FROM THE HEART

For more information, call 414.643.5070 or visit www.EbenezerChildCare.com.



Ebenezer

CHILD CARE FROM THE HEART

May's Parenting Tip: Why Children Need Boundaries

As a parent of young children, do you find yourself wondering why you even set boundaries when all your children seem to do is test them and try to break the boundaries you set?

According to Beverly Anderson, Executive Director of Ebenezer Child Care Centers with locations in downtown Milwaukee, Oak Creek and West Allis/Wauwatosa, "Children need boundaries and rules, so they can learn how to be responsible and succeed in life."

So why is it so important to set boundaries?

Children Thrive on Predictability

Anderson says children need parental rules such as you can't go outside alone and routines such as a regular bed time, because predictability reduces uncertainty and anxiety their lives.

"Children thrive when they know what is expected of them and their lives have a sense of order," states Anderson. "Children intuitively look to adults to help guide their behaviors and make them feel more competent and in control. They need to have adults explain limits regarding what is and isn't acceptable, so they grow to be responsible adults."

Boundaries Prepare Children for School and the Real World

Anderson also points out that having rules and boundaries at home is important, because it prepares children for what will be expected of them at school.

"Classroom rules outline what behaviors are acceptable in a school setting as well as the consequences for unacceptable behaviors. If children don't learn about rules before heading to school, they are going to struggle with this concept and succeeding in a learning environment."

Anderson adds that children also need boundaries and guidelines set for them, because it teaches them important social skills.

"Being taught to say, 'please' and 'thank you' will go a long way in helping your children be better accepted in school and society. It will also teach them how to effectively get what they want."

Boundaries Keep Children Safe

Finally, and probably most importantly, setting boundaries, rules, and limits helps keep children safe. If children think it is acceptable to do anything, they risk putting themselves and others in danger.

Anderson says, "Children need to be taught that they must hold an adult's hand when crossing the

street, and that it isn't acceptable to take things from others without asking, as well as many other important rules and behaviors. If they don't learn these things at an early age, there are certain to be problems for them as they get older."

Anderson adds, "As children become adults, the consequences for not following rules becomes much greater, including losing your license and going to prison. It's better for children to learn from their mistakes when they are young, and for them to understand at an early age, the importance of following the boundaries that their parents and society sets for them."

Ebenezer Child Care Centers is a not-for-profit, locally based agency committed to providing early childhood programs from the heart. The agency prides itself on being different from other child care providers in that it offers a home-like atmosphere; individualized, nurturing care; and a structured curriculum that is virtues-based for every child's developmental stage.

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Every Ebenezer Child Care Center focuses on all aspects of a child's development: cognitive, physical, emotional, and social. In addition to providing quality care, the agency also offers other educational programming all aimed at helping parents.

The agency has locations in downtown Milwaukee, Oak Creek, and West Allis/Wauwatosa. The agency's main office is located at 1138 S. 108th St., West Allis. For more information, please visit the agency's website at EbenezerChildCare.com.

